2020 SMART START

A Comprehensive Plan to Provide Every Student a Quality Education in a Safe Environment.
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**Due to the current COVID-19 health crisis, information in this
document is very fluid and subject to change at any given time.
Every effort will be made to communicate these changes as they
happen. Please refer to our district website for updates to this plan
and additional resources.
ASSUMPTION OF RISK

The novel Coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly through person-to-person contact. As a result, federal, state, and local governments along with federal and state health agencies recommend social distancing and have at many locations, prohibited the congregation of groups of people.

The Agar-Blunt-Onida School District has put in place preventative measures to reduce or slow the spread of COVID-19; however, the District cannot guarantee that individuals will not become infected with COVID-19. Further, school attendance could increase the risk of contracting COVID-19.
South Dakota Department of Education “Starting Well” Statements

SDDOE maintains the below assumptions:

- Schools will provide instruction in the fall and throughout the 2020-21 school year.
- COVID-19 will continue to spread, with or without a vaccine, through the next school year.
- Schools can take practical steps to mitigate spread of the virus while continuing to focus on student learning.
- Each district will make decisions based on scientific information at the time, current status of virus spread in and around the school community, and best interest of staff, students, and families.
- Recommendations from the SDDOE does not constitute a legal guide.

Decision-making should be based on what we know to be true about COVID-19, knowing that our understanding of the virus will continue to evolve:

- The rate of infection and the mortality rate of COVID-19 is higher than that of influenza.
- There are no known reliable therapeutics or vaccines for COVID-19.
- These two factors combine to necessitate mitigation strategies beyond what a school would put in place for seasonal influenza.
- Asymptomatic individuals are infectious, though not to the same degree as those displaying symptoms.
- Children are carriers and are susceptible to the virus. Yet there are different levels of susceptibility throughout the population.
- Measures such as social distancing and masks in confined spaces help reduce transmission.
- It is not known:
  - If you have had COVID-19, whether and when you could get it again.
  - How much higher the infection rate of COVID-19 is than influenza.

SDDOE expectations for schools:

- Schools will continue to be a safe environment for students, focusing on both social-emotional and physical health. Local decisions will be rooted in what is best for students.
- Schools will take reasonable steps within the context of COVID-19 spread in the community to protect the school community. National guidelines, while helpful to provide a context, are only a guide. SDDOE expects school leaders to make reasoned judgements to limit the spread but still provide for continuity of learning.
- Every student will have the opportunity to engage in a full year of learning, irrespective of the spread of COVID-19 in a community.
- School leaders will work transparently with their school boards, staff, and community to communicate decisions and the underlying assumptions guiding those decisions.
- School leaders will need to make difficult decisions to ensure the health—both mental and physical—of their entire school community.
ABO School District Statements

The ABO School District maintains the following positions in response to a return of staff and students to school for the start of the 2020-2021 school year:

- The district is aware that Sully County in accordance with the SDDOH data tracking has confirmed 1 case of COVID-19 since March 2020 (as of July 20th) when schools and businesses closed for COVID-19 concerns. Hughes County has seen some cases, however the city of Blunt has not been identified specifically for community spread.

- The district planning committee has developed a three-phase plan with the health and safety of our students and staff as a priority. Our primary focus is providing our students with a safe learning environment that helps students develop physically, socially-emotionally, and challenge them academically to prepare them to lead successful, independent lives. The committee will utilize data, guidance, and recommendations from the SDDOH and CDC to drive decisions.

- The district believes that the greatest factor to consider regarding the measures that need to be taken, or as recommended by the SDDOH or CDC is directly correlated with the amount of positive cases and community spread of COVID-19 in a local community.

- The district is committed and will develop routines and policies that encourage students to practice good hygiene including proper hand washing, cleaning of surfaces, covering coughs and sneezes with a tissue and proper disposal, avoiding touching of a person’s face, social distancing to the greatest extent possible, and STAYING HOME WHEN YOU ARE SICK.

- The district supports and strongly encourages a staff member or student’s decision to wear masks if they choose to do so in PHASE 1. [https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/cloth-face-cover.html](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/cloth-face-cover.html)

- The district supports the fact from the CDC that for most people, the immediate risk of becoming seriously ill from the COVID-19 virus is thought to be low, and that older adults and people of any age who have serious underlying health conditions may be at higher risk for more serious complications from COVID-19.

- The district feels that any disagreements or concerns that arise regarding COVID-19 for employees, families, or students should best be addressed in open dialogue with the administration and school board in good faith for all parties to develop mutual agreement, keeping our students at the center of every decision.
Working with the South Dakota Department of Health

The South Dakota Department of Health (SDDOH) will work with school districts to provide data at a level to inform decision making, in line with appropriate privacy protections. Staff, students, parents, and community members should use the SDDOH website [https://doh.sd.gov/news/Coronavirus.aspx](https://doh.sd.gov/news/Coronavirus.aspx) to stay informed on trends in data of COVID-19, as well as pertinent information for all families to use for maintaining good health and hygiene as necessary.

If a staff or a student within a school community tests positive for COVID-19, SDDOH and SDDOE will:

- Work with school officials to determine the level of exposure of other students and staff, depending on what level of close contacts the individual would likely have had. This will vary, for example, depending on the age of the student or the number of classes a teacher has.
- Recommend appropriate steps to take to accommodate cleaning, quarantine, etc., as necessary, depending on the level of exposure risk to the school community.

If there are no active cases within a school community, school officials should rely on SDDOH data to drive decision-making regarding levels of opening.
A BO School District Smart Start Phases

The ABO School District reopening plan will include the development of three operational phases for staff and students with increasing mitigation steps for each phase. All three phases will utilize the adopted school calendar.

**Phase 1- “Normal Operations”**

Full Schedule/Attendance

**Attendance Procedures:**

- Parents are expected to screen their children daily prior to sending their students to school, using the attached CDC Home Screening document. (see page11)
- Hand sanitizing upon entry to the school and/or classroom at the start of the day.
- Facemasks are optional but *strongly recommended* for everyone.
  - Students are required to have a minimum of two facemasks available for use at school at all times.
  - All school supply lists will recommend having a total of three masks, keeping one at home as an extra, marked clearly with their names.
  - The district will provide one mask for each student. Families who need assistance purchasing masks should contact the school.
- The district has a “Masks on the Move” policy, where students and staff shall wear masks whenever they are outside of the classroom (amongst other students/staff) in the building during the school day. This is to promote social responsibility and help students and staff adjust to wearing masks.

**Transportation:**

- Students and staff utilizing school transportation of any kind (buses/vehicles) will be required to sit in assigned seats and wear cloth masks. This is for mitigation of risk, and to help assist in potential contact tracing (based on recommendations from CDC, DOH, and SDHSAA). *Masks on the Move*
- Parents may request permission to transport their student to/from extra-curricular activities.

**Lunch:**

- Students will be distanced as much as possible in line and at tables. *Masks on the Move*
- No lunch visitors allowed.

**Schedule**

- K-2 11:10-11:30
- 3-5 11:30-11:50
- 6-8 11:55-12:20
- 9-12 12:20-12:45
• All USDA safety protocols will be followed to prevent the spread of COVID-19.
• All lunch will be served by staff to limit use of shared serving and eating utensils.
• Sneeze-guards, masks, and face shields will be worn by staff as necessary.
• All tables will be sanitized before and after each lunch period.
• All students will be encouraged to wash/sanitize their hands before and after lunch.
• All staff and students who leave the building are required to hand wash or sanitize upon return to the building.

**Classrooms:**

• Spread out desks/tables in classrooms to greatest extent possible/practical.
• MS/HS Back packs with a.m. & p.m. loads to minimize trips to lockers.
• Students are required to bring their own water bottles, and use filling stations only.
  • No drinking fountains will be available.
• End of day mandatory cleaning of surfaces and handles for every classroom. (all staff)
• School visits limited to essential vendors and school recruiters.

**Physical Education:**

• Athletic lockers in the locker rooms will be assigned to each student participating in a co-curricular activity AND/OR enrolled in a middle or high school P.E. class. Locker separation will be utilized to the greatest extent possible.
• Recess and P.E. classes will utilize social distancing practices and outdoor spaces to the greatest extent possible as well as consider low impact activities.
• All PE/weight-lifting equipment will be sanitized before each session.

**Band/Chorus:**

• MS/HS Chorus Schedule: Smaller chorus groupings only (MS/HS), at least for the fall semester.
• Masks required K-12 *when students are singing/projecting*.
• Band- 1st quarter of school year will focus on outdoor marching band and utilization of the football bleachers when practical. When indoors, SDSHAA guidelines for spacing/seating will be followed.

**Extra and Co-Curricular Activities:**

• After hours facility usage will remain closed for non-school sponsored groups/individuals.
• All regular season Sully Buttes main gym athletic activities will be broadcast with free access this year through the NFHS Network. ([www.nfhsnetwork.com](http://www.nfhsnetwork.com), search Sully Buttes High School).
• Face masks are optional but STRONGLY ENCOURAGED by all spectators.
• Team and game administration areas will have additional social distance mitigations in place, per SDSHAA recommendations.
• Every effort to socially distance should be made by all in attendance.

**Public/School Library:**

• Public Patrons must wear masks when utilizing the library.
Phase 2- “Extended Onsite Mitigation”

Full schedule/attendance

- In addition to “Masks on the Move,” in common areas, masks WILL BE REQUIRED in all instances when social distancing is not possible.
- Face masks required of all staff members when providing instruction or interacting with others.
  - Only exceptions will be documented pre-existing medical conditions approved by the administration.
- No visitors allowed past school offices except for emergency maintenance and emergency service providers as needed.

Extra and Co-Curricular Activities:

- Attendance at indoor school activities will be limited to the participant’s immediate family & student body only. Masks will be required by all in attendance.

Phase 3- “Off-Site Distance Learning”

Full schedule/Remote Learning

- Remove students from onsite attendance at school to prevent large group gatherings in confined spaces.
- Suspension of all co-curricular activities if due directly to multiple active cases in the school building.
- If Phase 3 is active due only to inability to staff school consideration will be given to continuing co-curricular activities.
- All students K-12 will be provided with an I-pad for distance learning in Phase 3.
- Every two weeks we will review effectiveness of the offsite distance learning as to how it has impacted community and school spread. Review necessity of continuing Phase 3 or return to Phase 2.
1. **Emergency Closure- what facilitates a move from Phase 1 to Phase 2 to Phase 3?**

   A. Phase 1 Status:
   
   1. No active cases in community no cases in school buildings.
   2. Active cases in community but no cases in school buildings.
   3. Student or staff member identified by Department of Heath as close contact of a positive Covid-19 case outside of the school community.
   4. Active case is identified in one of our school buildings. 24 hour shutdown, followed by deeper cleaning, and then reopen.
      a. (Example- School is notified Wednesday afternoon of active case, school is dismissed and building is sealed for 24 hours. After 24 hours building is disinfected Thursday evening, school reopens on Friday.)
   5. Due to the sharing of crossover teachers and families with students in multiple buildings in the district, all attendance centers will shut down together regardless of where the case may exist.

   B. Phase 2 Status:
   
   1. Multiple active cases identified in our schools. Determination to transition to phase 2 will be made in consultation with the SD Dept. of Health and SD Dept. of Education.

   C. Phase 3 Status:
   
   1. Upon a significant increase in cases and hospitalization in our school and community, a determination to transition to phase 3 will be made in consultation with the SD Dept. of Health and SD Dept. of Education.
   2. OR an Inability to provide adequate staffing for on campus learning.

   **It is feasible that the school could transition from Phase 1 directly to Phase 3 based on extenuating circumstances.**
Definitions

**Quarantine**- Required if individual has been in close contact with a positive case. Staff or students may only return to school after 14 days if they are asymptomatic.

**Isolation**- Students or staff members that are required to self-isolate due to a positive test will be required to isolate for a minimum of ten days. They will be allowed to return once ten days has expired and they have been fever free without medication for 24 hours.

**Close contact**- Anyone who has had 15 minutes of consecutive exposure within 6' of someone that tested positive for COVID-19 starting from 2 days before illness onset.
Frequently Asked Questions

1. What happens if a staff member or student is required to quarantine and/or self-isolate due to a positive test or close-contact with a positive case while school is in Phase 1 or 2?
   
a. If a student is required to quarantine or self-isolate it is assumed that he/she will have family supervision if they are too young to be left home alone as they would not be able to go to a daycare or other supervision provider. Applying that logic, all K-12 students that are self-isolated/quarantined will continue to receive their daily instruction via Microsoft Teams and they will submit their work via Seesaw in grade K-2 and Schoology in grades 3-12 as long as the school is currently operating under Phase 1 or 2 status.

   b. Flexibility will/should be given depending upon whether student is asymptomatic or not, specific content areas may also require exemption from work during self-isolation (ex: P.E. class). Students that are required to self-isolate or quarantine will not be allowed to participate in school activities as either a participant or spectator.

2. What if a staff member is required to be quarantined (close contact not a positive test) and remains asymptomatic?
   
a. The staff member will continue to provide instruction to their students that are in the school via Teams and Schoology from their home.

3. What if a staff member is required to self-isolate due to a positive test?
   
a. The staff member will be expected to continue to teach in the same manner as being quarantined and asymptomatic.

   b. If staff member is symptomatic and unable to perform their teaching duties the school will provide coverage of teaching.

   c. All certified staff members will have a two week emergency substitute package/binder prepared and filed in their respective building office that can be implemented in their immediate absence for an extended absence (these lesson plans may not necessarily be specific to the immediate content being covered in class but should be standard based for each content area).

4. How long are students or staff members required to self-isolate due to a positive test?
   
a. Students and staff will be required to isolate for a minimum of ten days due to a positive test, will be allowed to return to school once a minimum of ten days of self-isolation has passed and they have been fever free without medication for 24 hours.

5. What if I am uncomfortable with my child attending school on-site due to pre-existing health issues and/or personal risk management of potential exposure to Covid-19?
   
a. If a parent elects to mitigate the potential risk of exposure to Covid-19 by not physically sending their student(s) to school during Phase 1 or 2 then they will have the choice to receive their instruction online via the South Dakota Virtual Schools Black Hills Online Learning Community (SDVS-BHOLC) at the expense of the ABO School District or they may elect to fill out a Home School Exemption form and be responsible for the direct instruction of their student(s).
b. Should a family elect to exercise either of these options they are committed to attendance of this program on a semester by semester basis. They may not opt to return to the traditional school house in the middle of the semester regardless of whether the school is in Phase 1, 2, or 3 of instructional operation. They may only return at the completion of the current semester enrolled. Students will be responsible for the submission of homework as assigned via the SDVS-BHOLC courses and will receive the corresponding credits with the ABO school district upon successful completion. Students that fail to successfully complete work for the semester through SDVS-BHOLC will not receive credit from the ABO school district and may be required to retake classes or grade levels depending upon the status of their work with SDVS-BHOLC.

c. Students electing to use the SDVHS/BHOLC are not eligible as participants or spectators at co-curricular or extra-curricular events.

d. Students that are on an IEP will continue to receive their service minutes from the ABO school district via Microsoft Team meetings should they elect to take the virtual school option through SDVS-BHOLC.

6. Will quarantine or isolation days be counted against my child’s attendance?

   a. No, students who are required to be quarantined or self-isolated will be expected to attend school online (via Microsoft Teams) as long as they are healthy enough to do so. In the event a student is symptomatic, teachers will work with the student to complete make-up work as in any extended illness. If a parent is able to provide medical documentation, as with any extended absence, the event will be counted as one absence. Due to the Covid-19 Pandemic exceptions to the attendance policy will be made at administrative and school board discretion. Attendance awards and incentives do not apply for the 20-21 school-year. Students who are ill MUST stay home to protect themselves and others.

7. What Online Learning Platforms will our students be using?

   a. All students and staff will use and be trained on Microsoft Teams, Schoology, and State Email. Grades K-2 will use the Seesaw platform instead of Schoology.

   b. Staff should integrate the use of Schoology for work and resource transmissions through Schoology/Seesaw during daily onsite instruction. Utilization of these tools with daily instruction will provide for a smoother transition should a student be self-isolated/quarantined or Phase 3 initiated.

   c. We will conduct parent training sessions to orientate parents with Microsoft Teams and Schoology/Seesaw prior to the start of the school year.

(August 4th, 7PM in Onida Gym, August 5th, 7PM Blunt Gym)
It is an expectation that all students be screened prior to departure for school every morning. The checklist below should be used as a guide.

(Updated screening below)

### STUDENT SYMPTOM SCREENING CHECKLIST

Parents must complete this daily symptom screening at home before sending their child to school. Please keep checklist at home and complete daily.

<table>
<thead>
<tr>
<th>Section 1: Symptoms</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Does your child have a fever of 100.4 or greater?</td>
<td>Yes</td>
</tr>
<tr>
<td>Does your child have new uncontrolled or worsening cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)?</td>
<td>Yes</td>
</tr>
<tr>
<td>Does your child have a sore throat?</td>
<td>Yes</td>
</tr>
<tr>
<td>Has your child been experiencing diarrhea, vomiting or abdominal pain?</td>
<td>Yes</td>
</tr>
<tr>
<td>Does your child have new onset of severe headache, especially with a fever?</td>
<td>Yes</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Section 2: Close Contact/Potential Exposure</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Has your child had close contact (within 6 ft of an infected person for at least 15 minutes) with a person with confirmed COVID-19; OR</td>
<td>Yes</td>
</tr>
<tr>
<td>Has your child had close contact (within 6 ft of an infected person for at least 15 minutes) with person under quarantine for possible exposure to COVID-19; OR</td>
<td>Yes</td>
</tr>
<tr>
<td>Has your child traveled to or lived in an area where the local, tribal, territorial, or state health department is reporting large numbers of COVID-19 cases</td>
<td>Yes</td>
</tr>
</tbody>
</table>

**STOP**

If YES to any question in Section 1 BUT NO to questions in Section 2, you are excused from school in accordance with existing school illness policy (e.g., until symptom-free for 24 hrs without fever reducing medications).

**If YES to any questions in Section 1 and YES to any question in Section 2, you should contact your health provider for evaluation and possible testing.**

**go**

If NO to all questions in Section 1 and NO to all questions in Section 2, enjoy your day at school!

Thank you for supporting the health of our community
# Is it COVID-19?

Coronavirus symptoms are similar to the flu, common cold, and allergies. This infographic will help you know the differences.

<table>
<thead>
<tr>
<th>SYMPTOMS</th>
<th>COVID-19</th>
<th>FLU</th>
<th>COLD</th>
<th>ALLERGIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cough</td>
<td>Often</td>
<td>Often</td>
<td>Sometimes</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Fever</td>
<td>Often</td>
<td>Often</td>
<td>Rarely</td>
<td>Never</td>
</tr>
<tr>
<td>Body Aches</td>
<td>Often</td>
<td>Often</td>
<td>Rarely</td>
<td>Never</td>
</tr>
<tr>
<td>Shortness of Breath</td>
<td>Sometimes</td>
<td>Sometimes</td>
<td>Rarely</td>
<td>Rarely</td>
</tr>
<tr>
<td>Headache</td>
<td>Sometimes</td>
<td>Often</td>
<td>Sometimes</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Fatigue</td>
<td>Sometimes</td>
<td>Often</td>
<td>Sometimes</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Sore Throat</td>
<td>Sometimes</td>
<td>Sometimes</td>
<td>Sometimes</td>
<td>Never</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SYMPTOMS</th>
<th>COVID-19</th>
<th>FLU</th>
<th>COLD</th>
<th>ALLERGIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Loss of taste or smell</td>
<td>Sometimes</td>
<td>Rarely</td>
<td>Rarely</td>
<td>Rarely</td>
</tr>
<tr>
<td>Diarrhea</td>
<td>Sometimes</td>
<td>Rarely</td>
<td>Never</td>
<td>Never</td>
</tr>
<tr>
<td>Chest pain or pressure</td>
<td>Rarely</td>
<td>Rarely</td>
<td>Never</td>
<td>Never</td>
</tr>
<tr>
<td>Runny nose</td>
<td>Rarely</td>
<td>Sometimes</td>
<td>Often</td>
<td>Often</td>
</tr>
<tr>
<td>Sneezing</td>
<td>Rarely</td>
<td>Sometimes</td>
<td>Often</td>
<td>Often</td>
</tr>
<tr>
<td>Watery Eyes</td>
<td>Never</td>
<td>Never</td>
<td>Never</td>
<td>Often</td>
</tr>
</tbody>
</table>

What will happen if ...

A student or staff member is named as a close contact? (A close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset.)

A DOH representative will contact all persons identified as close contacts (or the guardian if the contact is a minor.)

The close contact will be asked to quarantine for 14 days. This means to stay home, avoid contact with others, and not to share household items. Contacts will also be asked to monitor symptoms and temperature daily.

What if...

A student or staff member tests positive for COVID-19.

A DOH representative will contact the positive patient (or the patient’s guardian if the patient is a minor.)

The positive COVID patient:
- Will be asked to self-isolate for 10 days
- When possible the patient will be asked to use a separate bedroom, bathroom from others in the household
- Must be fever free without fever-reducing medication for 72 hours prior to release from isolation
COVID-19 Mitigation in Schools
Updated 7/8/20

**No cases in building**
- Use preparedness measures
- Ask staff and families to self-screen for COVID symptoms at home. Symptoms may include a fever of 100.4°F or higher, cough or shortness of breath, and a lack of taste and smell.
- If sick, require staff/students to stay home.
- Teach, practice, and reinforce healthy hygiene practices.
- Make common sense adjustments to current practices: desks separated instead of pods, no supply sharing, 6-ft distancing when possible, maintain cohorts of students to minimize cross-over when possible.

**Isolated cases in building**
- All of GREEN, plus:
  - Reassess processes looking for gaps in prevention strategies.
  - Deep clean and disinfect affected areas. CDC recommends waiting for 24 hours, if possible, before cleaning. Once an area is appropriately disinfected, it can be opened for use.
  - Allow for contact tracing. Ensure individual does not return until self-isolation is complete.
  - Communicate general message to families while maintaining privacy. DOH contact tracing will communicate and provide education to close contacts and to positive patient’s family.

**Substantial cases in building**
- All of GREEN, YELLOW, plus:
  - Understand the level of virus spread within your school building.
  - Assess relevant facts to determine appropriate steps:
    - Degree of potential exposure within building
    - Number of cases in surrounding community
    - Grade levels impacted
    - Ability to staff building
  - Consider options such as staggered schedules, blended learning, etc.
  - Engage state’s School Response Team.
COVID-19 School Scenarios
Planning for the school year under multiple conditions
Prepared by the South Dakota Department of Health - Revised July 7, 2020

Scenario One: No active cases in your community, and no cases in your school building

The South Dakota Departments of Health and Education recommend that school takes place with appropriate preparedness measures (e.g., requiring students/staff who are sick to stay home; teaching and reinforcing healthy hygiene practices; cleaning and disinfection efforts).

Scenario Two: Active cases in your community, but no cases in your school buildings

The South Dakota Departments of Health and Education recommend that school takes place with appropriate preparedness measures (e.g., requiring students/staff who are sick to stay home; teaching and reinforcing healthy hygiene practices; cleaning and disinfection efforts).

Scenario Three: Student or staff member identified by Department of Health as close contact of a positive COVID-19 case outside of the school community

The South Dakota Departments of Health and Education recommend that school should continue with appropriate preparedness measures in place.

Scenario Four: Active case is identified in one of your school buildings

The South Dakota Departments of Health and Education recommend that school officials reassess processes - looking for gaps in prevention strategies. In the short-term, the Centers for Disease Control and Prevention (CDC) recommends closing off areas used by the sick person and waiting 24 hours (if feasible) before cleaning and disinfecting. Once area is appropriately disinfected, it can be opened for use.

Scenario Five: Multiple active cases identified in your buildings at the same time

The South Dakota Departments of Health and Education recommend that school officials review relevant data to understand level of virus spread within the school building and conduct a risk/benefit analysis of factors such as degree of potential exposure within building; case trends in surrounding community; grade levels impacted; remote learning options; scheduling options; ability to staff buildings, etc. in determining the next steps. School leaders can request technical assistance from the DOH/DOE School Response Team if desired.
Initiating a Case Investigation in a K-12 school

- DOH places positive case into isolation for 10 days
- Close contacts are documented
- DOH notifies close contacts, placing them into quarantine for 14 days
- DOH contacts School POC/Superintendent to continue investigation (determine close contacts) and provide notice of case in the building
- School district notifies students and families in accordance with their internal procedures and protecting student/staff privacy.

- DOH Receives Case
- DOH interviews case, determines case to be a student gathers information about activities, discusses sharing information with the school to help determine contacts.
Prevent the spread of COVID-19 if you are sick

If you are sick with COVID-19 or think you might have COVID-19, follow the steps below to care for yourself and to help protect other people in your home and community.

Stay home except to get medical care.
- Stay home. Most people with COVID-19 have mild illness and are able to recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.
- Take care of yourself. Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, to help you feel better.
- Stay in touch with your doctor. Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other emergency warning signs, or if you think it is an emergency.
- Avoid public transportation, ride-sharing, or taxis.

Separate yourself from other people and pets in your home.
- As much as possible, stay in a specific room and away from other people and pets in your home. Also, you should use a separate bathroom, if available. If you need to be around other people or animals in or outside of the home, wear a cloth face covering.
  - See COVID-19 and Animals if you have questions about pets: https://www.cdc.gov/coronavirus/2019-ncov/faq.html#COVID19animals

Monitor your symptoms.
- Symptoms of COVID-19 include fever, cough, and shortness of breath but other symptoms may be present as well.
- Follow care instructions from your healthcare provider and local health department. Your local health authorities will give instructions on checking your symptoms and reporting information.

When to Seek Emergency Medical Attention
Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Bluish lips or face
- Inability to wake or stay awake

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility:
Notify the operator that you are seeking care for someone who has or may have COVID-19.

Call ahead before visiting your doctor.
- Call ahead. Many medical visits for routine care are being postponed or done by phone or telemedicine.
- If you have a medical appointment that cannot be postponed, call your doctor’s office, and tell them you have or may have COVID-19.

If you are sick, wear a cloth covering over your nose and mouth.
- You should wear a cloth face covering over your nose and mouth if you must be around other people or animals, including pets (even at home).
- You don’t need to wear the cloth face covering if you are alone. If you can’t put on a cloth face covering (because of trouble breathing for example), cover your coughs and sneezes in some other way. Try to stay at least 6 feet away from other people. This will help protect the people around you.
- Cloth face coverings should not be placed on young children under age 2 years, anyone who has trouble breathing, or anyone who is not able to remove the covering without help.

Note: During the COVID-19 pandemic, medical grade facemasks are reserved for healthcare workers and some first responders. You may need to make a cloth face covering using a scarf or bandana.
Cover your coughs and sneezes.
- **Cover your mouth and nose** with a tissue when you cough or sneeze.
- **Throw used tissues** in a lined trash can.
- **Immediately wash your hands** with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.

Clean your hands often.
- **Wash your hands often** with soap and water for at least 20 seconds. This is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- **Use hand sanitizer** if soap and water are not available. Use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.
- **Soap and water are the best option,** especially if your hands are visibly dirty.
- **Avoid touching** your eyes, nose, and mouth with unwashed hands.

Avoid sharing personal household items.
- **Do not share** dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home.
- **Wash these items thoroughly after using them** with soap and water or put them in the dishwasher.

Clean all “high-touch” surfaces everyday.
- **Clean and disinfect** high-touch surfaces in your “sick room” and bathroom. Let someone else clean and disinfect surfaces in common areas, but not your bedroom and bathroom.
- **If a caregiver or other person needs to clean and disinfect** a sick person’s bedroom or bathroom, they should do so on an as-needed basis. The caregiver/other person should wear a cloth face covering and wait as long as possible after the sick person has used the bathroom.

High-touch surfaces include phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, and bedside tables.

- **Clean and disinfect areas that may have blood, stool, or body fluids on them.**
- **Use household cleaners and disinfectants.** Clean the area or item with soap and water or another detergent if it is dirty. Then use a household disinfectant.
  - Be sure to follow the instructions on the label to ensure safe and effective use of the product. Many products recommend keeping the surface wet for several minutes to ensure germs are killed. Many also recommend precautions such as wearing gloves and making sure you have good ventilation during use of the product.
  - Most EPA-registered household disinfectants should be effective.

When you can be around others after you had or likely had COVID-19
When you can be around others (end home isolation) depends on different factors for different situations.

- **I think or know I had COVID-19, and I had symptoms**
  - You can be with others after
    - 3 days with no fever
    - **AND**
    - symptoms improved
    - **AND**
    - 10 days since symptoms first appeared
  - Depending on your healthcare provider’s advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others when you have no fever, symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart.

- **I tested positive for COVID-19 but had no symptoms**
  - If you continue to have no symptoms, you can be with others after:
    - 10 days have passed since test
  - Depending on your healthcare provider’s advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others after you receive two negative test results in a row, at least 24 hours apart.
  - If you develop symptoms after testing positive, follow the guidance above for “I think or know I had COVID, and I had symptoms.”
Steps of Hand Washing

- Rinse hand
- Use soap
- Palm to palm
- Finger interlaced
- Back to hands
- Base of thumbs
- Fingernails
- Wrist